

## Claims

1. A cleansing, antibacterial, blood flow stimulating, vasodialating, exfoliating foot treatment composition including
  - (a) 30% to 95% by weight water;
  - 5 (b) a film forming composition;
  - (c) an exfoliating composition;
  - (d) a bacteriacidal composition;
  - (e) a blood flow stimulating composition; and,
  - (f) a vasodialating composition.
- 10 2. A foot treatment method comprising the steps of
  - (a) providing a foot treatment composition including
    - (i) 30% to 95% by weight water;
    - (ii) an exfoliating composition;
    - 15 (iii) a bacteriacidal composition;
    - (iv) a blood flow stimulating composition;
    - (v) a vasodialating composition, and
    - (vi) a film forming composition;
  - (b) applying a layer of said foot treament composition to a patient's foot;
  - 20 (c) allowing said layer of said composition to dry for a selected period of time; and,
  - (d) rubbing said dried layer to remove dead skin cells.